Program Name: Diploma in Medical Laboratory Technology

Program Code: ML

Semester : Second

Couse Title : Human Biology

Couse Code : 24221

#### 1. RATIONALE

Human Biology deals with the study of various body systems, organs and mechanism of their functioning. Thus it offers a wide application in the field of Clinical Biochemistry, Medical Bacteriology and Clinical Pathology Techniques.

#### 2. COMPETENCY

The aim of this course is to help the student to attain the following industry identified competency through various teaching learning experiences:

• Identify basic structure and function of human body.

### 3. COURSE OUTCOMES (COs)

The theory, practical experiences, and relevant soft skills associated with this course are to be taught and implemented, so that the student demonstrates the following industry oriented COs associated with the above-mentioned competency:-

- a. Identify various internal organs of the Human Body.
- b. Analyze various normal parameters and vital activities within human body.
- c. Co-relate various organs and systems of Human Body.
- d. Apply the principle instruments used in Medical laboratory.
- e. Interrelate between normal & abnormalities in sex organs due to hormonal imbalance.

### 4. TEACHING AND EXAMINATION SCHEME

	eachi chem				Examination Scheme											
			Credit			r	Γheory						Prac	tical		
L	Т	P	(L+T+P)	Paper	E	SE	PA	1	Tot	al	ES	SE .	P	A	То	tal
				Hrs.	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min	Max	Min
3	144	4	7	3	70	28	30*	00	100	40	50@	20	50	20	100	40

(\*): Under the theory PA, Out of 30 marks, 10 marks are for micro-project assessment to facilitate integration of COs and the remaining 20 marks is the average of 2 tests to be taken during the semester for the assessment of the cognitive domain UOs required for the attainment of the COs.

**Legends:** L-Lecture; T – Tutorial/Teacher Guided Theory Practice; P - Practical; C – Credit, ESE - End Semester Examination; PA - Progressive Assessment.

#### 5. **COURSE MAP** (with sample COs, PrOs, UOs, ADOs and topics)

This course map illustrates an overview of the flow and linkages of the topics at various levels of outcomes (details in subsequent sections) to be attained by the student by the end of the course, in all domains of learning in terms of the industry/employer identified competency depicted at the centre of this map.

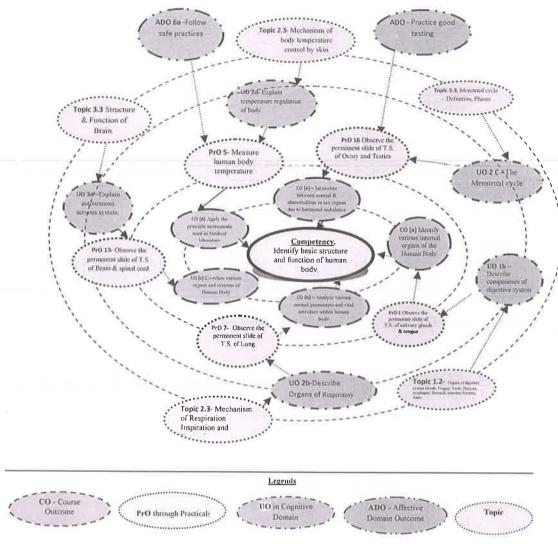


Figure 1 - Course Map

### 6. SUGGESTED PRACTICALS / EXERCISES

The practicals in this section are PrOs (i.e. sub-components of the COs) to be developed and assessed in the student for the attainment of the competency.

S. No.	Practical Outcomes (PrOs)	Unit No.	Approx. Hrs. required
1	Observe the permanent slide of T.S. of salivary glands & tongue	I	04*
2	Observe the permanent slide of T.S. of Stomach and pancreas	I	04*
3	Observe the permanent slide of T.S. of small intestine & Large Intestine	I	04*
4	Identify different types of teeth in Human	I	04
5	Measure human body temperature	II	04*
6	Observe the permanent slide of T.S. of Skin	II	04*
7	Observe the permanent slide of T.S. of Lung	II	04*
8	Observe permanent slide of T.S. of Liver	OF TECH	04*
9	Observe the permanent slide of L.S. of Kidney	II	04*
10	Examine the urine sample for output volume, color, odour and pH		04
11	Examine the breathing action (Inspiration & expiration time)	II	64*

S. No.	Practical Outcomes (PrOs)	Unit No.	Approx. Hrs. required
12	Analyse tidal volume & vital capacity of lungs	II	04
13	Observe the permanent slide of T.S. of Brain & spinal cord	III	04*
14	Observe the Reflex Action	III	04*
15	Observe the permanent slide of T.S. of Thyroid gland and Pituitary Gland	IV	04
16	Observe the permanent slide of T.S. of Ovary and Testies	V	04*
	Total		64

### Note

- i.A suggestive list of **PrOs** is given in the above table. More such PrOs can be added to attain the COs and competency. A judicial mix of minimum 12 or more practical LOs/tutorials need to be performed, out of which, the practicals marked as '\*' are compulsory, so that the student reaches the 'Precision Level' of Dave's 'Psychomotor Domain Taxonomy' as generally required by the industry.
- ii.Hence, the 'Process' and 'Product' related skills associated with each PrO of the laboratory/workshop/field work are to be assessed according to a suggested sample given below:

S. No.	Performance Indicators	Weightage in %
a.	Preparation of experimental set up	20
b.	Setting and operation	20
C.	Safety measures	10
d.	Observations and Recording	10
e.	Interpretation of result and Conclusion	20
f.	Answer to sample questions	10
g.	Submission of report in time	10
	Total	100

The above PrOs also comprise of the following social skills/attitudes which are Affective Domain Outcomes (ADOs) that are best developed through the laboratory/field based experiences:

- a. Follow safety practices.
- b.Practice good housekeeping.
- c.Demonstrate working as a leader/a team member.
- d.Maintain tools and equipment.
- e.Follow ethical Practices.

The ADOs are not specific to any one PrO, but are embedded in many PrOs. Hence, the acquisition of the ADOs takes place gradually in the student when s/he undertakes a series of practical experiences over a period of time. Moreover, the level of achievement of the ADOs according to Krathwohl's 'Affective Domain Taxonomy' should gradually increase as planned below:

- 'Valuing Level' in 1st year
- 'Organising Level' in 2<sup>nd</sup> year
- •'Characterising Level' in 3<sup>rd</sup> year.



## 7. MAJOR EQUIPMENT/ INSTRUMENTS REQUIRED

The major equipment with broad specification mentioned here will usher in uniformity in conduct of experiments, as well as aid to procure equipment by authorities concerned.

S. No.	Equipment Name with Broad Specifications	PrO. S. No.
1	Compound Microscope, Binocular Microscope,	1, 2, 3, 6, 7, 8, 9, 13, 15, 16
2	Histology slides (T. S. Sections and L.S. Sections)	1, 2, 3, 6, 7, 8, 9, 13, 15, 16
3	Charts and models (Digestive, Respitory, Excretory, Nervous, Endocrine & reproductive system)	4
4	Thermometer	5
5	Spirometer	11, 12
6	Measuring cylinder and beaker	10

## 8. UNDERPINNING THEORY COMPONENTS

The following topics/subtopics are to be taught and assessed in order to develop the sample UOs given below for achieving the COs to attain the identified competency. More UOs could be added.

Unit	Unit Outcomes (UOs)	Topics and Sub-topics
	(in cognitive domain)	
Unit – I	la Illustrate well labeled diagram	1.1 Definition of digestion
The Digestive	of Digestive System .	1.2 Organs of digestive system
System	1b Describe Components of	Mouth, Tongue, Teeth, Pharynx,
	Digestive System	esophagus, Stomach, Intestine
	1c Explain Physiology of digestion.	Rectum, Anus.
		1.3 Physiology of digestion:
		Enzymes involved and their
		action.
		1.4 Absorption of food and final
		digestion.
Unit – II	2a Illustrate well labeled diagram	2.1 Definition of Respiration and
Respiratory	of Respiratory System.	Excreation.
and	2b Discribe Organs of Respiratory	2.2 Organs of respiratory system-
Excretory	System.	Nose, Pharynx, Larynx, Trachea,
System	2c Illustrate well labeled diagram	Trachioles, Lungs, Pleura.
	of Skin Glomerullous nephron	2.3 Mechanism of Respiration-
	& kidney.	Inspiration and expiration.
	2d Explain temperature regulation of body.	2.3 Mechanism of body temperature control by skin
	of body.	2.4 Structure & function of Kidney.
		2.5 Organs of Urine formation:
		Kidney, Urinary bladder, urethra.
		2.6 Mechanism of Urine formation.
		Glomerulus, Henle's loop, distal
1.00	N.	& proximal end, consoluted we
	Ľ*	tubule, collecting tubule.
Unit- III	3a Illustrate well labeled diagram	3.1 Structure of Nerve cell/Neuron.
The Nervous	of Nervous System	3.2 Types of Cranial nerve.

3c Describe central Nervous system.  3d Explain autonomous nervous system.  Unit-IV Endocrine System  4a Enlist Endocrine Glands. 4b Structure of Endocrine Glands. 4c Function of Endocrine Glands. 4d Hormones.  4.1 Hormone – Definition 4.2 Pituitary Gland, Thyroid Gland Structure, Function and secretion of hormones 4.3 Parathyroid Gland, Adrenal Gland - Structure, Function and secretion of hormones 4.4 Thymus Gland - Structure, Function and secretion of hormones.  4.5 Sex Glands (Testis and Ovaries) - Structure, Function and secretion of hormones.  51 Reproduction – Definition 52 Organs of male Reproductive System —Testes, Seminal Vesicle,	<b>C</b> .	21 P 1' ( C ' 1 N	1 2 2 Ct
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dd Hormones.  4.3 Parathyroid Gland, Adrenal Gland - Structure, Function and secretion of hormones  4.4 Thymus Gland - Structure, Function and secretion of hormones.  4.5 Sex Glands (Testis and Ovaries) - Structure, Function and secretion of hormones.  4.6 Sex Glands (Testis and Ovaries) - Structure, Function and secretion of hormones.  5.1 Reproduction – Definition 5.2 Organs of male Reproductive System – Testes, Seminal Vesicle,	System	4c Function of Endocrine Glands.	Structure, Function and secretion
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		System.	ejaculatory duct, vas deference,.
5c The Menstrual cycle. 5.3 Organs of female Reproductive		5c The Menstrual cycle.	
5d Hormonal control. System –Vagina, uterus, fallopian		,	
tube, ovaries.			
5.3 Menstrual cycle - Definition,		**	
Phases			
5.4 Menopause – Definition			

Note: To attain the COs and competency, above listed UOs need to be undertaken to achieve the 'Application Level' and above of Bloom's 'Cognitive Domain Taxonomy'

## 9. SUGGESTED SPECIFICATION TABLE FOR QUESTION PAPER DESIGN

Unit		Tanahina	Distribution of Theory Marks				
No.	Unit Title	Teaching Hours	R Level	U Level	A Level	Total Marks	
I	The Digestive System	8	02, 02	04	04	12	
П	Respiratory and Excretory System	8	02	04	06	12	
III	The Nervous System	11	02	04, 04	06	16	
IV	Endocrine System	11	02	04, 04	06	16	
V	Reproduction	10	04	04	06	14	
	Total	48	14	28	28	70	

**Legends:** R=Remember, U=Understand, A=Apply and above (Bloom's Revised taxonomy) **Note**: This specification table provides general guidelines to assist student for their learning and to teachers to teach and assess students with respect to attainment of 100s. The actual distribution of marks at different taxonomy levels (of R, U and A) in the question paper may vary from above table.

### 10. SUGGESTED STUDENT ACTIVITIES

Other than the classroom and laboratory learning, following are the suggested student-related *co-curricular* activities which can be undertaken to accelerate the attainment of the various outcomes in this course: Students should conduct following activities in group and prepare reports of about 5 pages for each activity, also collect/record physical evidences for their (student's) portfolio which will be useful for their placement interviews:

- a) Measure Body Mass Index of individuals.
- b) Identify Dyspnoea in patient (Irritation of Respiration).
- c) Social and community health awareness.

# 11. SUGGESTED SPECIAL INSTRUCTIONAL STRATEGIES (if any)

These are sample strategies, which the teacher can use to accelerate the attainment of the various outcomes in this course:

- a. Massive open online courses (MOOCs) may be used to teach various topics/sub topics.
- b. 'L' in item No. 4 does not mean only the traditional lecture method, but different types of teaching methods and media that are to be employed to develop the outcomes.
- c. About 15-20% of the topics/sub-topics which is relatively simpler or descriptive in nature is to be given to the students for self-directed learning and assess the development of the COs through classroom presentations (see implementation guideline for details).
- d. With respect to item No.10, teachers need to ensure to create opportunities and provisions for *co-curricular activities*.
- e. Guide student(s) in undertaking micro-projects.
- f. Procure various materials required for practical exercises.
- g. Arrange visit to nearby Hospitals and Medical Colleges for understanding various health awareness programme.

### 12. SUGGESTED MICRO-PROJECTS

Only one micro-project is planned to be undertaken by a student that needs to be assigned to him/her in the beginning of the semester. In the first four semesters, the micro-project are group-based. However, in the fifth and sixth semesters, it should be preferably be individually undertaken to build up the skill and confidence in every student to become problem solver so that s/he contributes to the projects of the industry. In special situations where groups have to be formed for micro-projects, the number of students in the group should not exceed three.

The micro-project could be industry application based, internet-based, workshop-based, laboratory-based or field-based. Each micro-project should encompass two or more COs which are in fact, an integration of PrOs, UOs and ADOs. Each student will have to maintain dated work diary consisting of individual contribution in the project work and give a seminar presentation of it before submission. The total duration of the micro-project should not be less than 16 (sixteen) student engagement hours during the course. The student ought to submit micro-project by the end of the semester to develop the industry oriented COs.

A suggestive list of micro-projects are given here. Similar micro-projects could be added by the concerned faculty:

- a) Analysis of urine sample (Urine Output, Color, Odor, pH).
- b) Preparation of oxymeter.
- c) Survey of syndromes.
- d) Preparation of various models of different systems.



## 13. SUGGESTED LEARNING RESOURCES

Sr. No	Titles of Book	Author	Publication	ISBN
1	General Anatomy	B.D. Chaurasia's	CBS Publishers	81-239-0421-5
2	Human Anatomy (Head & Neck)	A.K. Datta	Current Books Inter	81-86793-60-7
3	Anatomy, Below Diaphargm	Shoukat N Kazi	CBS Pub & Dist Pvt. Ltd	81-239-1121-1
4	Essentials of anatomy	Inderbir Singh	Jaypee Brothers	81-7179-883-7
5	Anatomy, above Diaphargm	Shoukat N Kazi	CBS Pub & Dist Pvt. Ltd	81-239-1211-0
6	Anatomy, Regional, Fun & Clinical	R. Kanagasyntheram	PG Publishing	9971-973-97-9
7	Anatomy and Physiology	Ross and Wilson	Churchill Livingstone	9780702032288
8	Anatomy, Regional & Clinical	A. Halim	Modern Publishers	81-7724-011-0
9	Human anatomy, Head, Neck, Brain	A. Halim	Modern Publishers	81-7724-010-2
10	Clinical Anatomy	Harolds Ellis	Blackwell Publishing	1-4051-2427-X
11	Human Anatomy (Vol-I)	B.D. Chaurasia's	CBS Pub & Dist Pvt. Ltd	81-239-155-6
12	Human Anatomy (Vol-II)	B.D. Chaurasia's	CBS Pub & Dist Pvt. Ltd	81-239-155-4
13	Human Anatomy (Vol-III)	B.D. Chaurasia's	CBS Pub & Dist Pvt. Ltd	81-239-155-2
14	Human Anatomy	Sujatha Kiran	Jaypee Publication	978-93-5025- 015-0
15	Human Anatomy (Vol-I)	Jaganath Prasad	Macmillan Publication	938-935-059- 021-8

## Note: Reference books mentioned below ISBN was unavailable

S. No.	Title of Book	Author	Publication
1.	Anatomy – VolI,II,III	Mitra	Academic Publishers, Kolkata-73.
2.	Practical Anatomy-Vol.I	Choudhary	Academic Publishers, Kolkata-73.
3,	Basic Medical Sciences for Technician - Physiology	Guru	NCERT, New Delhi.
4.	Human Physiology – VolI & II	C.C. Chatterjee	New Central Book Agency, Kolkata-9.
5.	S.B. Bhise, and A.V. Yadav	Human Anatomy and Physiology	19 <sup>th</sup> edition 2007.



# 14. SUGGESTED SOFTWARE/LEARNING WEBSITES

- a. http://humanbiology
- b. www.get body.com
- c. www.visible body.com
- d. www.argosymedical.com
- e. http://www.youtube.com
- f. handling of microscope
- g. checking of blood group
- h. measurement of blood pressure
- i. Educational CD of NCERT
- j. Educational CD of Pearson Education India

